
2017 USSSA Fast Pitch Rules

This is intended as quick summary of areas of significant differences in USSSA Fast Pitch rules.

Pitching Distance 35 ft (10U); 40 ft (12U); 43 ft (14U and above) USSSA 1.1

Players shall not use other teams on deck circle. USSSA 1.2.A

Metal Cleats prohibited (12U and younger) USSSA 2.4

Bat must have 2013 USSSA 1.20 BPF Thumbprint Mark USSSA 2.10



The Mercy Rule is 12 runs after 3 innings, 10 runs after 4 innings, or 8 runs after 5 innings. USSSA 4.4

One or two Additional Player(s) may be used. USSSA 5.3 {10 or 11 in batting order; 9 defensive fielders}

The Designated Player (DP) / FLEX is optional but must be declared before the game starts. USSSA 5.4

A player may be removed as a pitcher and returned as a pitcher only once per inning. USSSA 5.5.B

All Starters & Substitutes may re-enter USSSA 5.6. This includes the DP and FLEX.

A team may use 3 defensive conferences per game plus 1 per extra inning; pitcher removed as a pitcher for game. USSSA 4.8.A

The pitcher must start with both feet on the rubber. USSSA 6.1

A team may use a courtesy runner for the pitcher or catcher. It must be a player who has not been in game (except as a courtesy runner). The player may not be used for both positions in same inning. A courtesy runner may not be used for the DP unless they are the pitcher or catcher of record . USSSA 8.3

If the courtesy runner is injured, another courtesy runner or the pitcher or catcher may run for her. USSSA 8.3.E

After reaching First, may use either white or orange portion of the double first base. 8.17.K.3

10&Under C

1. Can not steal Home 15. (8.1)
2. No uncaught third strike rule 15 (8.4.B)
3. 5 runs per inning for first two (2) innings; unlimited after 2nd inning. – 2017 Change

2017 Rule Exceptions Changes

4. Can steal more than one base at a time on pitch and/or base on balls (subject to 1. Above)
5. Infield fly rule is in effect 15 (8.17.)